

# The Right Place For Housing and Support

2021 Southern Conference on Homelessness and Housing The Pathway Home: Systems Change to Transform Lives October 6-8, 2021

# The Journey to Housing for Those Who Are Struggling with Homelessness

Presented by: Lori Floyd, Executive Director Kathleen Chevalier-Waelti, LMSW ESG Program Director



### Training Objectives

- Introduce The Right Place mission statement, programs, and services
- Recognize the components of a Housing First Approach to housing
- Describe homelessness in Alabama and HCNEA Point In Time Count (2020)
- Develop knowledge of developing community plans for homelessness

- Identify the homeless demographics during COVID-19 sheltering
- Examine the costs associated with utilizing Emergency Hotel Vouchers
- Categorize the Emergency Hotel Voucher Outcomes
- Identify components and the cost of Rapid Re-Housing
- Offer The Right Place plan and vision for the future



### The Right Place Mission Statement

To develop and operate housing facilities, housing programs, and related supportive services to provide low-income and homeless persons safe and affordable housing options.



## The Right Place Programs & Services

- Permanent Supportive Housing 5 cottages & 1 duplex (HOME Funds)
  - Homeless Prevention and Rapid Re-housing Assistance and Emergency Hotel Vouchers (Emergency Solutions Grant)
  - TBRA Tenant Based Rental Assistance (HOME Funds – Anniston)
    - Emergency Rental Assistance



## The Right Place Programs & Services

- HOPWA Housing Opportunities for Persons with AIDS
  - Mental Health First Aid
  - Alabama Healthcare Navigator
- Emergency supplies (snacks, clothing, sleeping bags, backpacks, tents and hygiene items)
  - Bus tickets



### What is Housing First?

Housing First is an approach to quickly and successfully connect individuals and families experiencing homelessness to permanent housing without preconditions and barriers to entry, such as sobriety, treatment or service participation requirements. Supportive services are offered to maximize housing stability and prevent returns to homelessness as opposed to addressing predetermined treatment goals prior to permanent housing entry.



### Premises of Housing First

- Homelessness is first and foremost a housing crisis and can be addressed through the provision of safe and affordable housing
- All people experiencing homelessness can achieve housing stability in permanent housing.
   Some may need very little support for a brief period-of-time, while others may need more intensive and long-term supports



### Premises of Housing First

- Everyone is "housing ready." Sobriety, compliance in treatment, or even criminal histories are not necessary to succeed in housing. Rather, homelessness programs and housing providers must be "consumer ready"
- People experiencing homelessness have the right to self-determination and should be treated with dignity and respect



### Premises of Housing First

- The exact configuration of housing and services depends upon the needs and preferences of the population
- Many people experience improvements in quality of life, in the areas of health, mental health, substance use, and employment, as a result of achieving housing

(U.S. Department of Housing and Urban Development, 2021)



## Homeless Statistics in Alabama

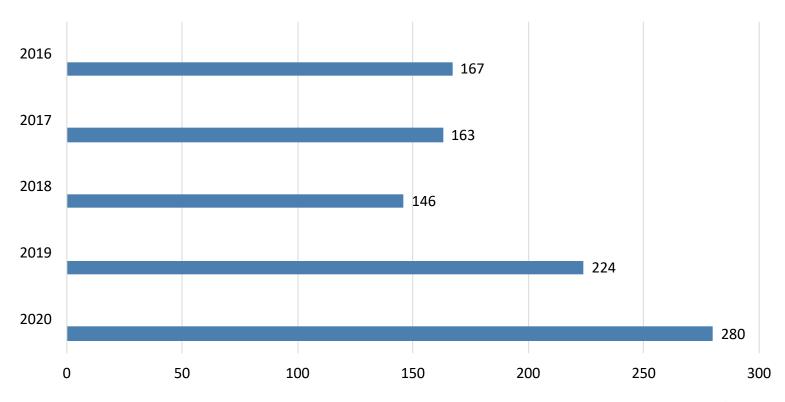
- As of January 2020, Alabama had an estimated 3,351 experiencing homelessness on any given day
- Of that total, 267 were family households, 329 were Veterans, 175 were unaccompanied young adults (aged 18-24), and 503 were individuals experiencing chronic homelessness

(United States Interagency on Homelessness, 2021)



## Homeless Statistics Homeless Coalition of Northeast Alabama

#### 2020 Point-in-Time – Overall Homelessness



U.S. Department of Housing and Urban Development, (2021)









## Homeless Services in Calhoun County

#### 1. The Right Place

- Housing ESG, TBRA, HOPWA
- Permanent Supportive Housing –
   Subgrantee ADECA Emergency Cottages & Duplex
- Sleeping bags, snacks & hygiene 4. St. Michael's Medical Clinic products
- I.D.'s, birth certificates, bus tickets, clothing

#### 2. Interfaith Ministries

- "Open Door" program (mail, phone, showers, snacks)
- I.D.'s, birth certificates, bus tickets
- Rental and utility assistance

#### 3. United Way of East Central Alabama

- 211 Connects Alabama
- **Solutions Grant**
- Free medical services & referrals
- 5. Soup Bowl
- Free lunch 5-days a week
- 6. All Saints Center of Concern and **Community Enabler**
- Food and clothing
- Financial assistance





## Homeless Services in Calhoun County

#### 7. Faith based ministries

- Food, clothing, snack bags, and hygiene bags
- Donations
- Household goods

#### 8. Calhoun County and City Schools

- McKinney-Vento Homeless
   Assistance Act ensures the educational rights and protections of children and youth experiencing homelessness
- 9. City of Anniston
- Seasonal warming station

#### 10. 2<sup>nd</sup> Chance

- Domestic violence shelter
- Transitional housing
- 11. Veteran's Administration
- Clinic
- Housing
- 12. Family Services Center of Calhoun County
- Referrals
- Victims of Crime Counseling
- Financial literacy
- Parenting Classses





### What Service is Missing?

## Calhoun County does not have a homeless shelter.



## Alabama Issues a Mandatory Stay at Home Order

- Governor Kay Ivey issued a Stay at Home order to be applied statewide. The order began on Saturday, April 4, at 5:00 p.m. and expired on Thursday, April 30, 2020 at 5:00 p.m.
- Every person is ordered to stay at his or her place of residence



## How do you Quarantine When you Don't Have a Home?

- Where do they stay? The community doesn't have an emergency shelter
- How do they get food? The unsheltered homeless lost access to services providing life sustaining services (food, water, clothing)
- How do we inform and educate? Communication inform the homeless of the spread of the novel coronavirus that causes COVID-19
- Is there an emergency response plan? The community doesn't have an emergency shelter so a plan is developed with community partners including both housing and health

### The Community Plan

- 1. Funding for the plan
- 2. Identify the needs of the homeless
- 3. The Right Place is the lead agency
- 4. Develop community partnerships
  - 5. Utilize hotels temporary shelter
  - 6. Referral and case management
    - 7. Food & basic care needs
    - 8. Medical/mental health needs



## Funding for the Community Plan

- Emergency Solutions Grant (ESG) funded by the U.S. Department of Housing and Urban Development (HUD) and administered by Alabama Department of Economic and Community Affairs (ADECA)
- \$300,000 ESG Grant United Way of East Central Alabama (subgrantee), The Right Place for Housing and Support, and Interfaith Ministries



### Role of The Right Place

- Designated as the lead agency
- Referrals from community agencies (nonprofit and faith-based)
  - Identify homeless needs
  - Build on existing partnerships with area hotels
    - Develop network community partners
      - Intake and need assessments
        - Case management
        - Discharge planning



## Identification of Homeless Population Needs

- Housing
  - Food
- Clothing
- Transportation
  - Medical Care
- Mental Health
- Communication
- Case Management



## Creating a Network of Community Partners





## Meeting Needs Through Community Partnerships

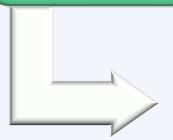
Hotel

- Temporary housing
- Communicate with the TRP



The Right Place

- Lead agency
- Funding
- Case Management
- Mental health



United Way of East Central Alabama

- Subgrantee ESG
- Planning
- 211



## Meeting Needs Through Community Partnerships

Hospital and St. Michael's Clinic

- Medical (testing & treatment)
- Mental health
- Prescriptions



**Soup Bowl** 

Free lunch (5 days week)



Churches and homeless ministries

- Volunteers
- Food (meals)
- Hygiene
- Clothing
- Donations



## Meeting Needs Through Community Partnerships

City of Anniston

- Transportation
- Police
- Communication

Interfaith <u>Ministries</u>

- Grant partner
- Planning
- Basic needs



Other agencies

- Food
- Clothing
- Referrals



### Food

### **Providing Meals**

- 3 daily meals (special dietary needs)
- Restaurants donated meals or offered reduced rate
  - Soup Bowl lunch
- Churches prepared meals
- Food boxes prepared and delivered

#### Other Considerations

- •Rooms with microwaves and refrigerators
- Dishes, silverware and can opener
  - Donations networking via Facebook
- •Volunteers prepared snack bags (700)
  - Social distancing



### **Basic Care Needs**

(hygiene, clothing and laundry)

Personal Hygiene and Clothing

- Bags prepared by volunteers
  - Clothing items donated and/or purchased

### Laundry

- \$4 to wash and dry
- Bags prepared with detergent, fabric softener and \$4 quarters
- Social distancing at the hotel



### Medical/Mental Health Needs

#### Medical

- Teaching COVID-19 safety guidelines
- Provide education symptoms of COVID-19
  - Who to contact
- Preexisting or new medical conditions
  - Medication

#### Mental Health

- Preexisting mental health needs
- New mental health needs
- Screenings The Right
   Place
  - Referrals



### Case Management

#### **Person Centered**

- Teaching COVID-19 safety guidelines
- Meeting basic needs
- Referrals medical or mental health needs
- Collecting data (HMIS & agency

#### **Individual Plans**

- Need assessments
- Connection to safety net programs
  - Communication
    - Housing
  - Discharge planning



### **Exiting the Hotel**

### Discharge Plan

- Individualized
- COVID-19 safety guidelines
- Contact information
- Developed with each participant

### **Exiting Hotel**

- Transportation
  - Housing
- Referred to Rapid Re-Housing
- Live with friends/family
  - Unsheltered
  - Sleeping in cars



# Part 2 – Evaluating the Plan and Rapid Re-Housing Kathleen Chevalier-Waelti, LMSW



### **Evaluation Components**

- 1. Number served
- 2. Demographics
  - Race
  - Gender
  - Family type
    - Age
    - Income

- 3. Length of time homeless
- 4. Discharge outcomes
- 5. Program costs



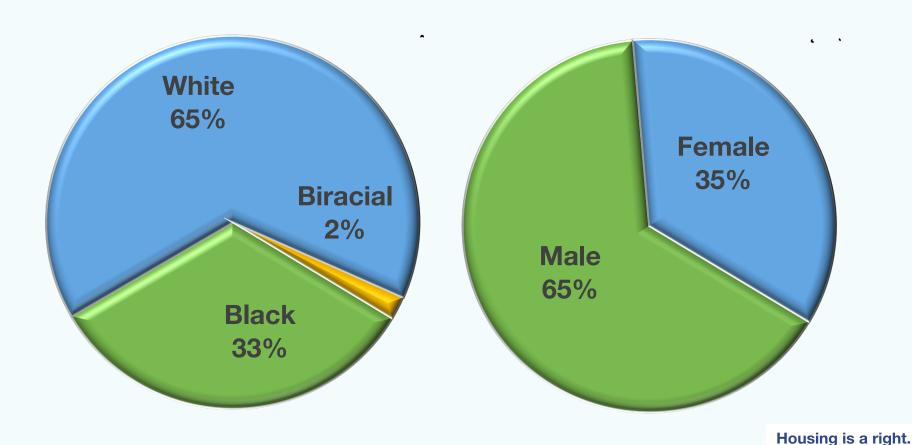
### **Number Served**



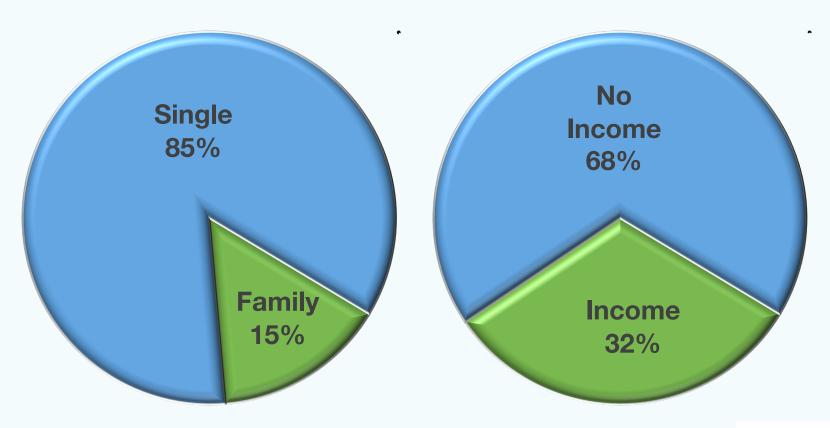
- 40 Families
- 58 Individuals
  - 8 Children
  - 50 Adults



## Population Served Race and Gender



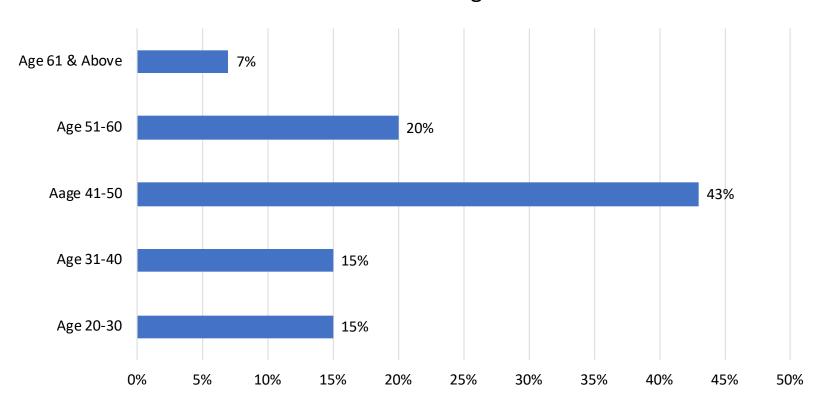
## Population Served Family Type & Income





## Population Served Age

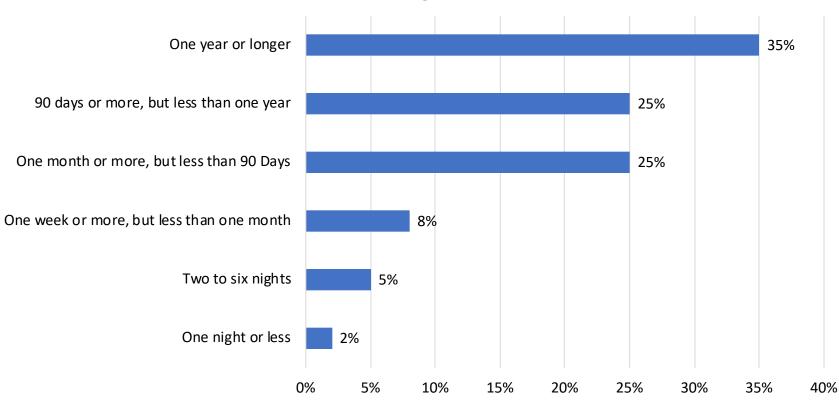
#### COVID-19 EMV - Age





### Length of Time Homeless

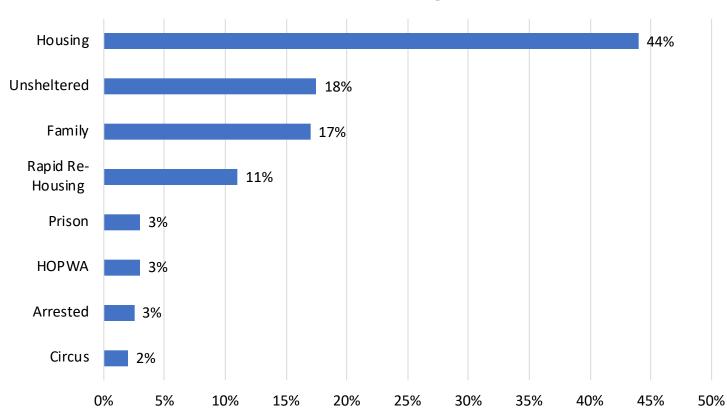
#### COVID-19 EMV – Length of Time Homeless





### Program Outcomes







# Homelessness in Calhoun County (April 2020)

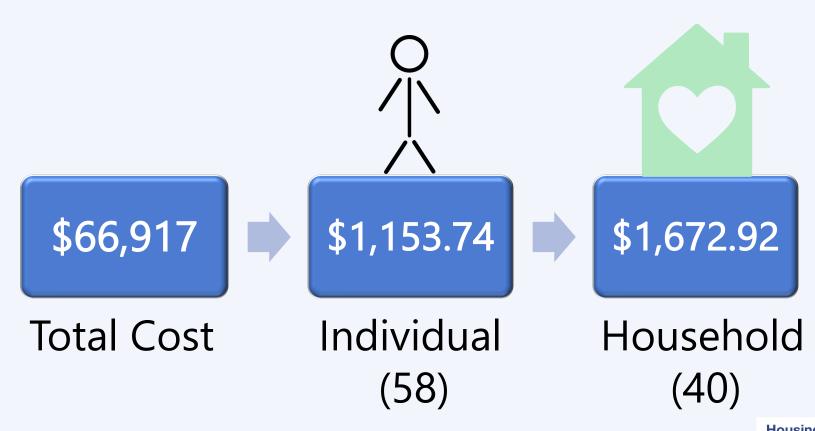




### **Program Costs**

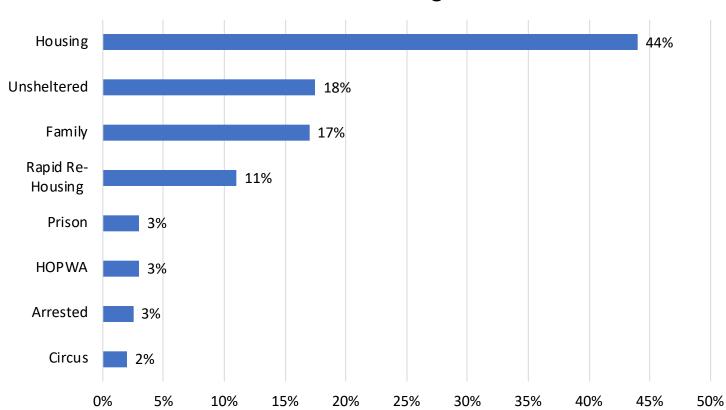


### Program Costs



### **Program Outcomes**







### REFIGUSING

#### WHAT IS IT?

Rapid re-housing (RRH) quickly ends people's homelessness by helping them find and move into a home in their community. Once back in housing, people are in a better position to address other challenges that may have led to their homelessness — such as finding a new job or attending to health issues.

#### The core components of rapid re-housing are:

housing identification



# Rapid Re-Housing

# Core Components of Rapid Re-Housing

- Rapid re-housing is an intervention designed to help individuals and families to quickly exit homelessness and return to permanent housing
- Rapid re-housing assistance is offered without preconditions (such as employment, income, absence of criminal record, or sobriety) and the resources and services provided are typically tailored to the unique needs of the household (End Homelessness, 2014)



#### WHO DOES IT HELP?



#### RRH is for veterans

Since 2012, U.S. Dept. of Veterans Affairs funding has provided RRH services for more than 220,000 veterans



#### **RRH** is for families

Approximately one-third of families exiting homelessness receives rapid re-housing



#### RRH is for young adults

Since 2014, investment in RRH for youth has increased 20x



#### RRH is for individuals

Capacity to serve individual adults with RRH has **tripled over the last three years**, but much more is needed

# Rapid Re-Housing Housing Identification

- Recruit landlords to provide housing opportunities for individuals and families experiencing homelessness
- Address potential barriers to landlord participation such as concern about short term nature of rental assistance and tenant qualifications
- Assist households to find and secure appropriate rental housing

(End Homelessness, 2014)



### Rapid Re-Housing Rent and Move-in Assistance

- Application fees
- Security deposit
  - Rent
  - Utility arrears
  - Utility deposit
    - Utilities
    - Moving cost



# Rapid Re-Housing Case Management

- Engage participants in **voluntary** case management and service participation
- Case plans are focused on addressing barriers to housing retention
- Case mangers use a strengths-based approach
- Help participants build a support network outside of program and connect with community resources and service options that continue beyond program's duration

(National Alliance to End Homelessness, 2021)



#### WHAT ARE THE RESULTS?

\*

#### Families Are Homeless for Less Time

Families who use RRH exit shelter three months faster than those who don't



#### Families Stay Housed

Families who lease rental housing with RRH are significantly less likely to return to shelter than those who don't



#### Re-housing Costs Go Down

The average rapid re-housing cost per stay, (\$6,578) is far lower than for transitional housing (\$30,336) or emergency shelter (\$16,829)



#### Systems Become More Efficient

By quickly moving people back into housing, RRH reduces the bottlenecks that can prevent other households from getting the help they need. Cost
Comparison
(Average Cost
per Stay)

Rapid Re-Housing \$6,578

Transitional Housing \$30,336

Shelter \$16,829

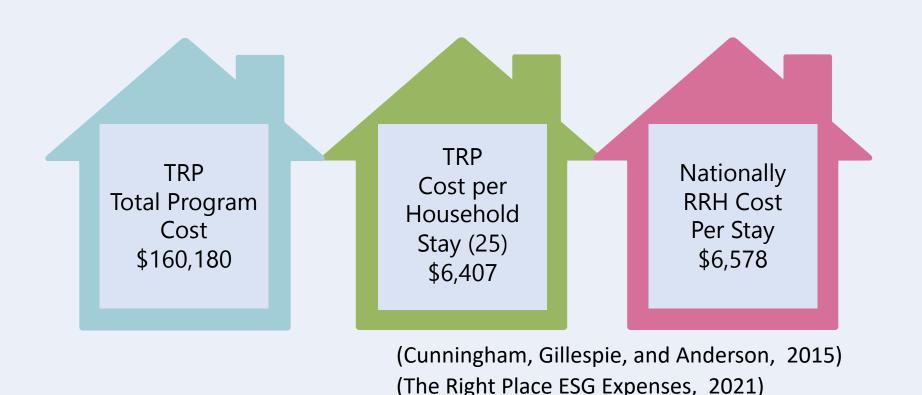
(Urban Institute, 2018)

# Rapid Re-Housing Costs Per Stay

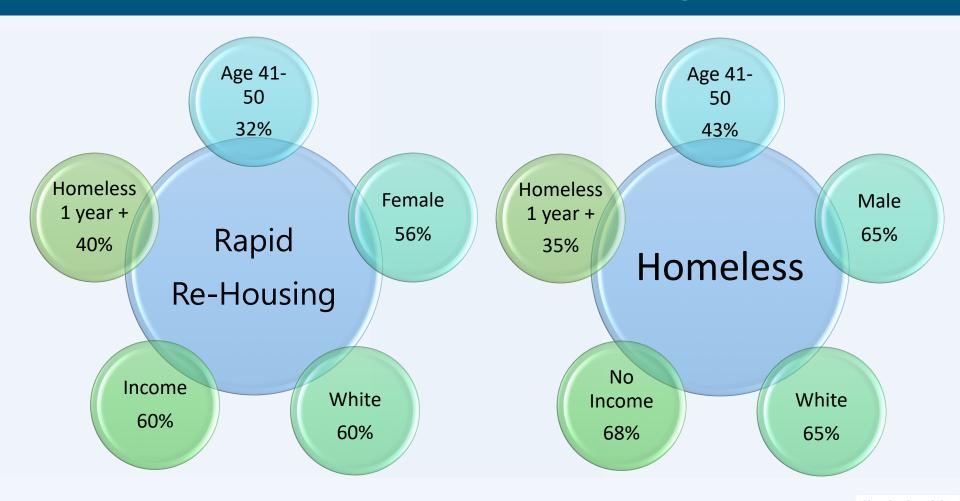
- In the Family Options Study, the average monthly cost of rapid re-housing, including financial assistance, staffing, and overhead, was \$880, significantly lower than transitional housing (\$2,706) or emergency shelter (\$4,819) (Gubits et al. 2016)
- The average rapid re-housing cost per stay (\$6,578) was also far lower than transitional housing (\$30,336) or emergency shelter (\$16,829) (Cunningham, Gillespie, and Anderson, 2015)



# Rapid Re-Housing Cost Per Stay



# Rapid Re-Housing Calhoun County



### Part 3 – Summary Lori Floyd, Executive Director



# Problems Associated With Having No Shelter

- Limited access to health care
- Problems getting enough food
  - Trouble staying safe
    - Violence
  - Unsanitary living conditions
  - Exposure to severe weather
- Development of mental health issues
  - Unemployment



# Problems Associated With Having No Shelter

- In 2012, Shaun Donovan, the secretary of the U.S. Housing and Urban Development Department (HUD) stated that, "...between shelters and emergency rooms and jails, it costs about \$40,000 a year for a homeless person to be on the streets." (Caring Works, 2021)
- For the 2019/2021 Grant Year, The Right Place Rapid Re-Housing cost per stay was \$6,407.



## Supporting Clients with a Severe Mental Illness

- Many of our clients are falling through the cracks of the system
- As professionals we struggle to maneuver through the system, so our clients have an even harder time and end up giving up
- Shortage of housing and support, forces people to continue to struggle with mental illness and homelessness



## Housing Clients with a Severe Mental Illness

- Many of our clients are unable to maintain housing because of mental illness
- Many need continued support to remain housed
- Several of our clients are struggling with past trauma and need continued support
- Many clients need a closer connection to mental health services then the local community mental health can offer



### The Vision For the Future

- The Right Place wishes to provide a program that offers housing and supportive services to those who are struggling with mental illness and homelessness
- This program would offer mental health case managers, counselors and a physician who would work to evaluate individuals and develop not only a housing plan but a plan to stabilize our clients with the hope of returning them to a more regular society

## Workforce, Housing and Mental Illness

- With this program we plan to develop an apartment complex with a grocery store on the first floor
- All clients living in the units will have the opportunity to work in the store
- Each client will continue to receive case management and support to help hold them accountable for maintaining their job
- Clients will be evaluated to determine their job skills and the best location for employment



### Supporting Housing First

- By providing housing to a population that is many times overlooked, this program will allow us to work on <u>ALL</u> of their limitations and find the best solution and outcome for each individual client
- Through this program we will be able to provide safe housing and job opportunities to many who have struggled with chronic homelessness



### Savings

- Studies have shown that it is more affordable to house the homeless then to keep them on the street
- This is true with those who are struggling with mental illness. If we could provide housing, support, and a work opportunity, what a difference we could make!



### Supporting Systems Change to Transform Lives

- Program development that meets the needs of the homeless population
- Housing justice meet all the communities' needs
- Advancing Racial Equity consistent and systematic fair, just, and impartial treatment of all individuals
- Equal Access Rule all individuals regardless of sexual orientation or gender identity-have equal access to shelters, benefits, services, and accommodations



# The Right Place for Housing and Support

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# Questions or Comments



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Housing is a right.



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